

**\$30 per session
OR
Creative Kids
Voucher can be
used for all three
workshops**

If kids are attending more than one workshop they will have supervised free time in the hall between workshops! They will need to bring snacks, lunch, water bottle and a can-do smile.



9AM TO 11AM TEAM GYMNASTICS TASTER

Learn a combination of tumbling, mini tramp, acrobatics skills and dance in a team environment. Teams perform floor, tumbling and vault routines together.

11.30AM TO 1.30PM DANCE 'O' DANCE

We are putting on the ritz with some Jazz and Contemporary style moves. Learn to listen to the music and add movement to the beat as our guest instructors teach you some introductory step by step routines.

Goulburn PCYC Workshops

Thursday 19th December



CONTACT US:
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2PM TO 4PM FREE G JAM SESSION

Stunt, Flip and Trick.
Free G fuses traditional gymnastics and acrobatic tricks with kicks and leaps made famous through martial arts. Get your body moving in ways never thought possible and heighten your sense of spatial awareness. Create your own tricks or practice the ones you learn.



**POLICE CITIZENS
YOUTH CLUBS NSW**